

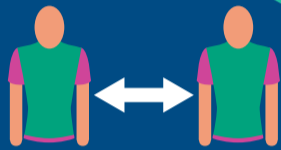


BLUEPRINT

Change Our Game

Rugby Skills

The aim of a Blueprint attack is to 'beat the defence', underpinned by playing with Rugby Speed with a solid set-piece platform.



Stay Connected

- Be ready to Play
- Get to the ball carrier quickly
- Positive support line



Find the best space

- Find and attack space/opportunities either through around or behind a defence



Rugby Speed

- Get into position early
- Create quick ball opportunities
- Ball away quickly

Attack

Beat The Defence



Stress Defenders

- Use evasive footwork, swerve, pace and/or fend to stress defenders

Continuity

- Passing, attacking kicks, offloads, quick rucks and ball presentation



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