

# Protocol for Players wishing to be regarded as Retired for Anti-Doping Purposes

## Applicability of Scottish Rugby's Anti-Doping Regulation

1. All those registered as being an "active" player on Scottish Rugby's player registration system shall be subject to the full provisions of Scottish Rugby's Anti-Doping Regulation (SDR 21.1).
2. Individuals registered / previously registered but who are currently shown "inactive" on the player registration system shall also be subject to the full provisions of SDR 21.1 unless they have formally retired from the game. <sup>(Note)</sup>
3. A player may formally "retire" from the game as a player by:
  - writing to the Scottish Rugby Anti-Doping Officer confirming their full name, player registration number and their intended date of retiral ("Retirement Date"); AND
  - ensuring that their Player Registration on Scottish Rugby's player registration system is inactivated.
4. The effective date of the player's retirement as a player shall be the later of (1) the notified Retirement Date and (2) the date on which the player becomes "inactive" on the player registration system.

## Retirement during a Period of Anti-Doping Ineligibility

5. Any player wishing to retire from the game whilst subject to a period of ineligibility arising from an Anti-Doping Violation must additionally notify UK Anti-Doping of their intention to retire.

## Withdrawal of Retirement Notice

6. A player may withdraw their notice of retirement at any time by writing to the Scottish Rugby Anti-Doping Officer, but may not participate in any match until a period of 6 months has elapsed from that date. During this period the player shall make themselves available for Testing as may be required by Scottish Rugby, World Rugby or UK Anti-Doping.
7. Scottish Rugby, in consultation with World Rugby, UKAD and WADA where appropriate, may grant an exemption or partial exemption to the 6-month period prior to resumption of participation in matches.

*NOTE: The provisions of the UK Anti-Doping Rules, World Rugby Regulation 21 and SDR 21.1 extend to all those involved in the game (whether as a player, coach, administrator or other athlete support personnel). The distinction being made relates solely to those specific areas of the Rules/Regulations which apply only to those playing the game.*