



inspiresport™

Schools & Youth (Boys)
Competitions & Game Play Opportunities
Season 2022/23
June 2022

Everyone's
GAME



Leadership • Engagement • Achievement • Enjoyment • Respect

Conference Phase
Sept - Oct

inspiresport NATIONAL CONFERENCE

Teams play home or away
then split (Top 3/Bottom 3)

1. Ayr/Wellington
2. Boroughmuir
3. GHA
4. Mackie
5. Stirling County
6. West of Scotland

inspiresport CALEDONIA CONFERENCE

Teams playing on a
Home or Away basis

1. Aberdeen Wanderers
2. Dundee Rugby
3. Ellon Rugby
4. Gordonstoun School
5. Highland
6. Moray/Huntly
7. Perthshire

inspiresport WEST CONFERENCE

Teams playing on a
Home or Away basis

1. Biggar
2. Dalziel
3. East Kilbride
4. Currie Chieftains
5. Dumfries Saints
6. Dunfermline
7. Kilmarnock
8. Whitecraigs

inspiresport BORDERS TOWN CONFERENCE

U18 & U16 club leagues
Play on Home or Away basis

1. Duns RFC
2. Earlston HS Melrose Wasps
3. Gala RFC
4. Hawick Youth
5. Jed Thistle
6. Kelso Harlequins
7. Peebles RFC
8. Selkirk Youth

Cup Phase
Nov - Dec

NATIONAL YOUTH CUP (U18 & U16)

Top 4 National (4)
Top 2 Borders (2)
1st Caledonia (1)
1st West (1)

Quarterfinal - Conference winners given home
tie; National 1 & 2 kept apart; Borders 1 & 2
kept apart

Semifinal - venue tbc

Final - showcase event

NATIONAL YOUTH SHIELD (U18 & U16)

5th & 6th National (2)
3rd - 6th Borders (4)
2nd Caledonia (1)
2nd West (1)

Quarterfinal - Borders 3 & 4 kept apart;
National 5 & 6 kept apart

Semifinal - venue tbc

Final - Showcase event

Regional programme phase
Sept - Oct

inspiresport CALEDONIA U18 LEAGUE

Final composition,
structure & format
under development

1. Angus Colts
2. Glenrothes
3. Kelpies/Alloa
4. Kirkcaldy
5. Deeside/Garioch
6. Orkney
7. Ross Sutherland
8. Strathmore Colts

inspiresport CALEDONIA U16 LEAGUE

Final composition,
structure & format
under development

1. Carnoustie
2. Glenrothes
3. Kelpies/Alloa
4. Kirkcaldy
5. Lochaber
6. Montrose
7. Strathmore
8. Deeside/Garioch
9. Orkney
10. Ross Sutherland

Inspiresport U13 – U15 FIXTURES & FESTIVALS

Format to be confirmed via planning process facilitated by
Scottish Rugby regional teams

MIDLANDS CLUBS

1. Alloa/Hillfoots
2. Bannockburn
3. Bo'ness
4. Carnoustie
5. Glenrothes
6. Kelpies
7. Kinross
8. Kirkcaldy
9. Montrose
10. Stirling Development
11. Strathmore

NORTH CLUBS

1. Aberdeen Grammar
2. Caithness
3. Deeside
4. Garioch
5. Lochaber
6. Orkney
7. Ross Sutherland
8. Shetland
9. Stornoway

Cup Phase
Nov - Dec

inspiresport CALEDONIA CONFERENCE CUP (U18 & U16)

3rd - 6th Caledonia Conference (4)
Caledonia Regional League (4)

Quarterfinal - Teams from same Conference kept apart

Semifinal – venue tbc

Final – Showcase event

Regional programme phase
Sept - Dec

Cup Phase
Nov - Dec

inspiresport WEST U18 LEAGUE

Final composition,
structure & format under
development

GROUP 1

1. Allan Glens
2. Cartha Queens Park
3. GHK
4. Loch Lomond
5. Oban Lorne
6. Waysiders Drumpellier

GROUP 2

1. Annan
2. Ardrossan/Garnock
3. Greenock Wanderers
4. Galloway
(composite)
5. Hamilton
6. Strathaven

inspiresport WEST U16 LEAGUE

Final composition,
structure & format under
development

GROUP 1

1. Annan
2. Ardrossan
3. Moffat
4. Newton Stewart
5. Stewartry
6. Wigtownshire

GROUP 2

1. Cartha Queens Park
2. Hamilton
3. Loch Lomond
4. Oban Lorne
5. Renfrewshire Raiders
(Bishopton/Paisley)
6. Waysiders Drumpellier

inspiresport WEST CONFERENCE CUP (U18 & U16)

3rd - 6th West Conference (4)
West Regional League (4)

Quarterfinal - Teams from same Conference kept apart

Semifinal - venue tbc

Final - Showcase event

inspiresport U13 – U15 FIXTURES & FESTIVALS

Format to be confirmed via planning process facilitated by
Scottish Rugby regional teams

GLASGOW NORTH CLUBS

1. Allan Glen's
2. Cambuslang
3. Cartha Queens Park
4. Hamilton
5. GHK
6. Loch Lomond
7. Oban Lorne
8. Strathaven
9. Waysiders Drumpellier

GLASGOW SOUTH CLUBS

1. Annan
2. Ardrossan Academicals
3. Birkmyre
4. Bishopton
5. Carrick
6. Garnock
7. Greenock Wanderers
8. Moffat
9. Newton Stewart
10. Paisley
11. Stewartry
12. Wigtownshire

Conference Phase
Sept - Oct

inspiresport NATIONAL 2 (WEST) CONFERENCE

Teams playing on a
Home or Away basis

1. High School of Glasgow
2. Hutchesons' Grammar School
3. Kelvinside Academy
4. Marr College
5. St Aloysius' College
6. The Glasgow Academy

inspiresport NATIONAL 1 CONFERENCE

Teams playing on a
Home or Away basis

1. Dollar Academy
2. Fettes College
3. George Watson's College
4. Merchiston Castle School
5. Stewart's Melville College
6. Strathallan School
7. The Edinburgh Academy

inspiresport NATIONAL 2 (EAST) CONFERENCE

Teams playing on a
Home or Away basis

1. George Heriot's School
2. Glenalmond College
3. High School of Dundee
4. Loretto School
5. Robert Gordon's College

Cup Phase
Nov - Dec

NATIONAL SCHOOLS CUP (U18 & U16)

1st – 6th National 1 (6)
1st National 2 (East) (1)
1st National 2 (West) (1)

Quarterfinal - Conference winners & 2nd in
National 1 receive home tie; 1st & 2nd in National 1
placed in opposite half of the draw.

Semifinal – venue tbc

Final – Showcase event

NATIONAL SCHOOLS SHIELD (U18 & U16)

7th National 1 (1)
2nd – 3th National 2 (East) (2)
2nd – 4th National 2 (West) (3)
1st West/Midlands (1)
1st East Conference A (1)

Quarterfinal - - Conference winners receive home
tie; teams from same Conference kept apart

Semifinal – venue tbc

Final - Showcase event

inspiresport™ REGIONAL SCHOOL CONFERENCES

Everyone's
GAME



Conference Phase
Sept - Oct

inspiresport WEST/MIDLANDS CONFERENCE

Teams play home or away,
plus inter-regional phase

MIDLANDS

1. Balforn/Strathendrick
2. Howe of Fife/Bell Baxter
3. Morrisons Academy
4. Queen Victoria School
5. St Leonard's/Madras

WEST (G.NORTH & G.SOUTH)

1. Cumnock Rugby
2. Hills Rugby
3. Lenzie Academy
4. Lomond/Helensburgh
5. St Columbas Kilmacolm

inspiresport EAST CONFERENCE A

Teams play on Home or
Away basis

1. Berwick Rugby
2. George Watson's College
3. Knox/Haddington
4. Lasswade High School
5. Linlithgow Academy
6. North Berwick High School
7. Preston Lodge High School

inspiresport EAST CONFERENCE B

Teams play on Home or
Away basis

1. Dalkeith Rugby
2. Dunbar Grammar School
3. Edinburgh Harlequins
4. Musselburgh Youth
5. Trinity Academy
6. Ross High School
7. Royal High School

inspiresport BORDERS TOWN

U13-U15 school fixtures
Teams play on Home or Away
basis

1. Berwickshire Schools
2. Earlston High School Melrose Wasps
3. Gala High School
4. Hawick High School
5. Jedburgh Grammar School
6. Kelso High School
7. Peebles High School
8. Selkirk High School

Cup Phase
Nov - Dec

NATIONAL SCHOOLS PLATE (U18 & U16)

- 4th & 5th National 2 (East) (2)
5th & 6th National 2 (West) (2)
2nd & 3rd West/Midlands (2)*
2nd East A (1)
1st East B (1)

Quarterfinal - Teams from same conference
kept apart

Semifinal - venue tbc

Final - Showcase event

* 1st - 4th placings to be
determined by play-
offs that will be
scheduled within the
West/Midlands
interregional phase

NATIONAL SCHOOLS BOWL (U18 & U16)

- 4th - 6th West/Midlands (3)*
3rd - 5th East A (3)
2nd - 3rd East B (2)

Quarterfinal - Teams from same
Conference kept apart

Semifinal - venue tbc

Final - Showcase event

inspiresport EAST REGIONAL FIXTURES & FESTIVALS

1. Cliftonhall School
2. Leith Rugby
3. Murrayfield Wanderers RFC
4. Wolves Rugby
5. Broughton RFC
6. St Augustine's
7. Peebles 'B'
8. Penicuik

Leadership • Engagement • Achievement • Enjoyment • Respect



**SCOTTISH
RUGBY**

