



## ASSISTANT COACH JOB DESCRIPTION



**Job Title:** Assistant Coach/s  
**Reporting to:** Southern Knights Director of Rugby  
**Salary:** Competitive  
**Work Pattern:** Part-Time (Flexible Hours)  
**Contract type:** 1-year Fixed Term  
**Location:** The Greenyards, Melrose

### ***Job Purpose***

To support the Southern Knights Head Coach and the wider coaching team in preparing for Super 6 matches and taking responsibility for owning and delivering on the Knights player development and performance targets for the coming season. In particular demonstrate proven experience to support the development programme of the Knights Squad through specialist, positional specific coaching

### ***Key Accountabilities***

- Plan, lead and review all aspects of unit specific play for the Southern Knights team, ensuring success in preparing and competing within the Fosroc Super 6 competition.
- Assist with the development & implementation of a coaching programme for the team, working with other members of the management team and head coach to identify, develop & implement a playing strategy for the group.
- Support the Head Coach in ensuring sessions are planned and organised and that players maximise their individual performance and that every player receives appropriate coaching at team and individual levels to deliver success throughout the season.
- To deliver both individual and small group technical/tactical development sessions.
- Contribute to selection decisions on a squad and individual game basis to ensure that the team fielded has the best chance of success.

- To support with the review and analysis of performance of both the Southern Knights and opposition teams through use of the appropriate match videos, as provided by the Knights programme analysts. Use video analysis to monitor individual & team effectiveness and to provide feedback to players and the Head Coach.
- Work as a member of the Southern Knights coaching team to ensure that a High Performance Environment is created for Knights programme driving and displaying appropriate behaviours and standards.
- Support the Head Coach in generating and maintaining a high-performance culture that delivers success at Super 6 level.
- To contribute to and support the recruitment of players as identified with the Head coach & Director of Rugby
- To contribute to the delivery of coaching clinics as advised by the Director of Rugby for regional clubs / partnership programmes.
- Attend club matches as directed by the Head Coach on a regular basis to identify potential players and review the performance of these players with their club coaches.

### **Points To Note**

The purpose of this job description is to indicate the general level of duties and responsibility of the post. The detailed duties may vary from time to time without changing the general character or level of responsibility entailed.

### **Experience & Knowledge**

- Proven rugby coaching ability at SRU Premiership/National league level or a proven equivalent.
- Experience of coaching high-level players and/or talented young players OR a recent background of high achievement as an elite player.
- Evidence of progression and development gained over a number of years. Relevant work experience within coach education and development

## **Skills & abilities**

- Knowledge of current coaching and training processes.
- Excellent communication skills.
- Good organisational and time management skills.
- IT skills necessary for analysis, presentations and report writing.
- Excellent motivational skills.
- Excellent interpersonal skills.

## **Qualifications**

- Minimum Advanced Coaching Programme qualification or equivalent
- Satisfactory Disclosure Scotland PVG check
- Demonstrates continuing professional development

If you would like to apply for this exciting opportunity, please forward your CV and detailed covering letter summarising your suitability for this role to [office@melroserugby.org](mailto:office@melroserugby.org)

For an informal discussion about the role, please call Director of Rugby, Rob Moffat - 07764772252

**The closing date for receipt of applications is Wednesday 30<sup>th</sup> November at 5pm**