



**SCOTTISH
RUGBY**

Kick-Off Times Season 2022-2023





Kick-Off Times Season 2022-2023

MEN'S LEAGUE FIXTURES

Up to and including 29 th October 2022	3pm
30 th October 2022 up to and including 18 th February 2023	2pm
Remainder of Season	3pm

MEN'S KNOCK OUT CUP FIXTURES

(where allowance required for extra time)

Up to and including 29 th October 2022	3pm
30 th October 2022 up to and including 18 th February 2023	1.30pm
19 th February 2023 up to and including 25 th February 2023	2.30pm
Remainder of Season	3pm

WOMEN'S LEAGUE FIXTURES

All season

WOMEN'S KNOCK OUT CUP FIXTURES

(where allowance required for extra time)

Up to and including 29 th October 2022	2pm
30 th October 2022 up to and including 25 th February 2023	1.30pm
Remainder of Season	2pm

KICK-OFF TIMES ON INTERNATIONAL MATCH DAYS -

As per NCR 3.3 - Matches taking place on the same day as a home international played by the senior men's Scotland team shall kick-off no later than 2 hours prior to the international match kick-off.