

Caledonia Midlands U16 Squad

Name	Club
Cailin Lardner	Stirling County RFC
Ruby Blackhall	Perthshire RFC
Emily Sansom	Stirling County RFC
Daisy Morrison	Stirling County RFC
Gemma Thomson	Stirling County RFC
Joely Ledingham	Stirling County RFC
Morven Henderson	Falkirk High School
Grace Malcolm	Perthshire RFC
Grace Mathers	Perthshire RFC
Charlotte Heath	Stirling County RFC
Ella Crozier	Stirling County RFC
Eva Lindsay	Perthshire RFC
Megan Laurie	Dunfermline RFC
Mercedez Smith	Stirling County RFC
Emily Forsyth	Stirling County RFC
Isla Napier	Glenrothes RFC
Niamh MacGregor	Stirling County RFC
Scarlett Haddow	Stirling County RFC
Keira Lessels	Glenrothes RFC
Nina Hausrath	Perthshire RFC

Team Manager: Jess Martin

Lead Coach: Sarah Hogwood

Coaches: Caroline Campbell, Cammy Watson and Graeme Smith

Caledonia North U16 Squad

Name	Club
Laina Munro	Ross Sutherland RFC
Saba Alexander	Garioch RFC
Kaycee Massie	Ellon RFC
Piper Burrows	Ellon RFC
Isabella Ashley	Huntly RFC
Alyssa Gunn	Caithness RFC
Sophie Gunn	Caithness RFC
Sarah-Jane Dunnett	Caithness RFC
Megan Mackay	Caithness RFC
Molly Hobson	Lochaber RFC
Luize Plume	Lochaber RFC
Sarah Manson	Caithness RFC
Iona Gill	Caithness RFC
Tamzin Rosie	Caithness RFC
Sophie Miller	Caithness RFC
Katie Cameron	Highland
Thiplada Crofts	Ellon RFC
Ella Weir	Ellon RFC
Layla Mitchell	Ellon RFC
Iona Macleod	Moray RFC
Melody Tobing	Garioch RFC
Charlotte Lackie	Highland
Hazel Hendry	Highland
Iona Cantwell	Highland
Josie Foubister	Mackie RFC

Team Manager: David Wilson and Linsey McPherson

Lead Coach: Stuart Corsar

Coaches: Rory McKay, Junior Bulumakau and Jacob Powell

East U16 Squad

Name	Club
Karis de Vos	Berwick RFC
Emily Coates	Boroughmuir
Elspeth Stewart	Currie Chieftains
Robyn Allan	Currie Chieftains
Hannah Ward	Edinburgh Harlequins
India Myles	Edinburgh Harlequins
Jamie Louise Bridger	Kelso RFC
Katie Gallagher	Kelso RFC
Lucy Redpath	Kelso RFC
Alice Mason	Murrayfield Wanderers FC
Kara Borthwick	Murrayfield Wanderers FC
Klervie Texier Wighardt	Murrayfield Wanderers FC
Niamh Waters	Murrayfield Wanderers FC
Rihanna Connell	Murrayfield Wanderers FC
Sam Brown	Murrayfield Wanderers FC
Holly Wilson	Peebles RFC
Lucie Campbell	Peebles RFC
Ellie Moffat	Preston Lodge RFC
Eve Cowe	Preston Lodge RFC
Sarah Murray	Selkirk RFC

Team Manager: Deborah McCormack

Lead Coach: Duncan Harrison

Coaches: Gordon Lyon, Claire Bain and Emily Clark

Glasgow North U16 Squad

Name	Club
Lilly Clarkson	Strathaven
Ashley Court	Biggar
Skye Cullen	Biggar
Anna Forgrieve	Oban
Lois Gall	Cartha
Caitlin Hoad	Strathaven
Autumn MacDougall	Biggar
Eve Mackay	Strathendrick
Imogen Spence	Biggar
Lisa Brown	Biggar
Mabel Davies	Strathaven
Amelia Grimley	East Kilbride
Iona Kane	Biggar
Evie Kellet	Isle of Mull
Cairistiona McAloon	Oban
Ellen Macrae	Isle of Mull
Poppy Mellanby	Biggar
Beth Robertson	Whitecraigs
Lucy Ronald	Strathendrick
Skyla Smith	East Kilbride

Team Manager: Andrew Johnston

Lead Coach: Graeme Blackhall

Coaches: Stephen Gillies, Finlay Aherne, Mark Carnan, Chris Jubb and Stuart Lewis

Glasgow South U16 Squad

Name	Club
Emily Hyslop	Dumfries Saints
Islay McKenzie Wilson	Dumfries Saints
Emily Russell	Wigtownshire
Zoe McConnell	Newton Stewart
Aylie Jamieson	Wigtownshire
Louise Colledge	Annan
Amy Vance	Newton Stewart
Mika Walls	Dumfries Saints
Rihanna Bodle	Wigtownshire
Amy Peacock	Stewartry
Tilda Henderson	Stewartry
Poppy MacFarlane	Paisley
Rhianna Notman	Moffat
Arran McCauley	Dumfries Saints
Jasmine McCulloch	Stewartry
Yasmin Mitchell	Greenock Wanderers
Gemma Todd	Moffat
Lucy Giles	Dumfries Saints
Megan Hutchinson	Annan
Mabel Jack	Ayr
Abigail Johnstone	Wigtownshire

Team Manager: MT Crumlish

Lead Coach: Lucy Brown

Coaches: Clare Nicholson, Ciera Campbell and David Thomson