



## **GUIDELINES for PARTICIPANT INFORMATION SHEET**

### **UK WIDE CONCUSSION AWARENESS AND KNOWLEDGE**

You are invited to take part in a research study. Before you decide it is important for you to understand why the research is being done and what it will involve. Please take time to read the following information carefully and discuss it with others if you wish. Ask us if there is anything that is not clear or if you would like more information. Take time to decide whether or not you wish to take part.

#### **What is the purpose of this study?**

The aim of the study is to gather information on awareness and knowledge of concussion of those working and volunteering in grassroots sport across the UK.

#### **Why have I been chosen?**

You have been chosen as someone who is involved in sport at a grassroots level as an athlete, coach, parent, medic or other volunteer role.

#### **Do I have to take part?**

No. It is entirely your decision whether or not to take part. If you do decide to take part, you will be given this information sheet to keep and will be asked to sign a consent form. If you do decide to take part, you can change your mind at any time. You don't need to give a reason.

#### **What will happen to me if I take part?**

You will be sent a link to an electronic survey and asked to complete it.

#### **What do I have to do?**

Follow the link and complete the survey online and submit.

#### **What are the possible disadvantages and risks in taking part?**

There are no risks or disadvantages to taking part

#### **What are the benefits in taking part?**

You will not benefit directly from taking part. The information collected in the study will give us a better understanding of concussion awareness and knowledge of those working within grassroots sport, which will allow us to target future resources and education.

**Will my taking part be kept confidential?**

The survey does not ask for any personal details that could identify you.

**What will happen to the results of the research study?**

When this project is completed, the findings will be presented to DCMS to inform policy developments in this field. Thereafter, the data will be submitted for publication in peer reviewed international journals.

**Who is organising the research?**

Research is being organised via DCMS Concussions Communications Group and led by sportscotland and University of Glasgow.

**Who has reviewed the study?**

The project has been reviewed by the University of Glasgow College of Medical Veterinary and Life Science Ethics Committee.

**Contact for further information:**

You can contact Dr Katy Stewart ([Katy.Stewart@hampdensportsclinic.com](mailto:Katy.Stewart@hampdensportsclinic.com)) for any further information regarding the study and how the data will be used.

