

Tackle Height

LAW TRIALS

Age Grade Law Variations

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U9(P4) – U14 Boys & Girls

This part of the game will remain as waist and below. There is no longer an 'amber' zone, the ball cannot be targeted at all within the tackle.

Good coaching reference points to use include 'below the ball' and 'belly tackle'

Area	Law
Tackle Height	Waist & Below (Belly Tackle) - Cannot target or play the ball
Second Tackler	Must tackle waist and below – Cannot target or play the ball
Pick & Go	All tackles must be waist or below
'Swing Tackles' & Judo Throws	These are not permitted

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U15 Boys/U16 Girls – U18 Boys/Girls

The Tackle Height Laws for these age groups fall in line with the laws being implemented for the adult game. See below for an overview

Area	Law
Tackle Height	Below Base of the Sternum
Second Tackler	Tackle – Below Base of the Sternum. Targeting Ball – can rip the ball using hands
Pick & Go	Must tackle below line of the shoulders (see RugbyRight and or Tackle Hub for more details)



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