

Everyone's
GAME

Boys & Girls Youth
Player Development
Programmes

2023/24



Leadership • Engagement • Achievement • Enjoyment • Respect

Overview

Introductions

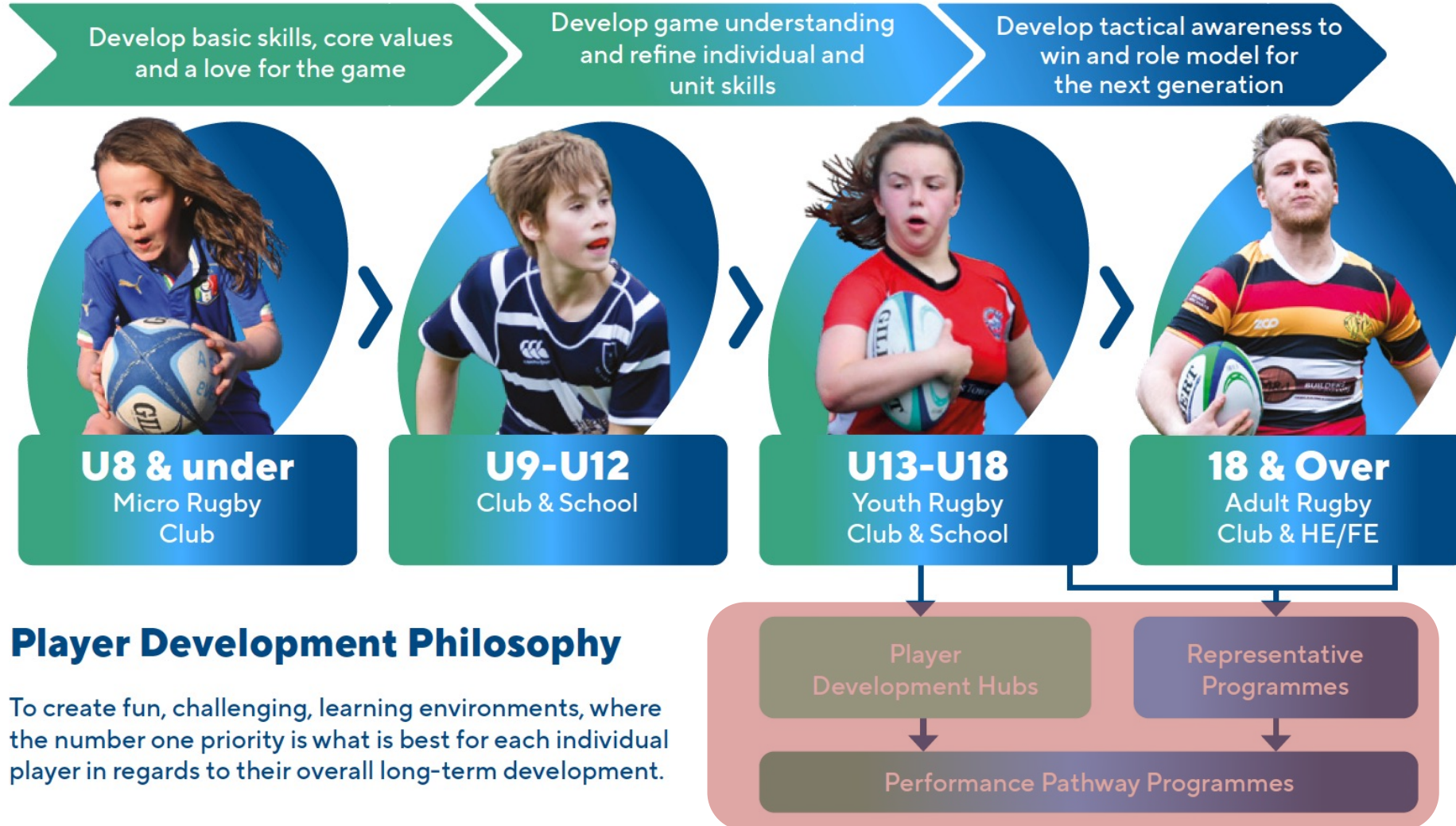
- Neil Graham (Head of Game Development)
- Rosy Ryan (Lead Development Manager Women & Girls)

What's included tonight?

- Boys & Girls player development programmes
- Nomination process
- Player eligibility



Player Pathway



Player Development Philosophy

To create fun, challenging, learning environments, where the number one priority is what is best for each individual player in regards to their overall long-term development.

Youth Boys & Girls Performance Pathway Programmes

Season 2023/24



Boys



Girls



G	GAME SENSE		game awareness, spatial awareness, problem solving, beat the game
A	ATTITUDE		competitiveness, curious, self-motivation, resilience
S	SKILL SET		ball movement, tackle, evade, positional skills - all under pressure
P	PHYSICAL POTENTIAL		speed/agility, power, endurance, stature
S	SCOTS SKILLS		selfless, creative, optimistic, tenacious, self-organised

Leadership • Engagement • Achievement • Enjoyment • Respect

Regional Game Series | Aims and Objectives

- To provide a playing opportunity for the best young players in Scotland, regardless of geography or local environment.
- To create a coaching pathway and development opportunity for the female community game.
- To support with talent identification and selection into National Age Grade programmes.
- Support players with a fun, engaging and challenging programme that provides appropriate stretch.
- To develop players skills on and off the pitch, through training environments that support safe gameplay.





Girls U16 & U18 Regional Game Series

Calendar:

- **Start:** Weekend 6/7th Jan Assessment Day
- **End:** Mid Feb/Late Feb

U18 – 3 Teams

U16 – 4 Teams

Player Eligibility:

- Girls U18 – 1st Sep 2005 – 31st Aug 2007
- Girls U16 – 1st Sep 2007 – 31st Aug 2009

Nominations:

- Open on November 6th
- Close on November 26th
- Selections Mid December

Player Development Hubs

Aims and Objectives

1. Provide nominated players with **quality** coaching and additional playing and training opportunities.
2. Support club and school coaches to improve the **quality** of their own training environments.
3. Develop players and coaches understanding of the **Blueprint 'The Scottish Way'**
4. **Engage with parents** to help them support the player **development process**.
5. Provide an avenue for players to be identified for **performance programmes**.





Boys & Girls U15 Player Development Hubs

Calendar:

- **Start:** April
- **End:** Early May

6 week block of training and games

Sessions aligned to the Blueprint






Player Eligibility:

- Boys U15 – 1 Jan 2009 – 31 Dec 2009
- Girls U15 - 1 Sept 2008 – 31 Aug 2009

Hubs within each region

Nominations:

- Open in January 2024
- GASPS principles

G GAME SENSE 	game awareness, spatial awareness, problem solving, beat the game
A ATTITUDE 	competitiveness, curious, self-motivation, resilience
S SKILL SET 	ball movement, tackle, evade, positional skills - all under pressure
P PHYSICAL POTENTIAL 	speed/agility, power, endurance, stature
S SCOTS SKILLS 	selfless, creative, optimistic, tenacious, self-organised

BLUEPRINT

Change Our Game



RAVENSCRAIG

Monday 20 November
6.30pm-9.30pm

SCOTTISH GAS MURRAYFIELD

Wednesday 22 November
6.30pm-9.30pm

BORDERS COLLEGE/GALA RFC

Monday 27 November
6.30pm-9.30pm

HIGHLAND RFC

Wednesday 29 November
6.30pm-9.30pm

ROADSHOWS

Book your place now on **SCRUMS**