



The flyer features a dark blue background with a red and white Harris Trust logo on the left. The title 'MINI GROUP RUGBY PROGRAMME' is in large, bold, red and white letters. Below the title is a green banner with white text. A list of bullet points is on the left, and a list of aims is on the right. A central grey box contains session details. At the bottom, a red banner has registration information, and a dark blue banner has contact details. The background also includes a stylized illustration of two children playing rugby.

# HARRIS TRUST MINI GROUP RUGBY PROGRAMME

For children who enjoy physical activity but find mainstream groups challenging, we aim to create a friendly fun environment based around play and rugby.

- Coaches with autism training
- Limited group sizes and multiple coaches per group
- "Rugby Ready" sensory warm-up
- Visual support with picture timeline of activities
- The sessions also provide respite for parents/carers, whilst enabling them to enjoy some refreshments and engage with other families

**Sundays 11.50am to 1pm**  
**SELKIRK RFC / 7-11yrs / FREE**  
 PROJECT LEAD Bryony Hawthorne

**HARRIS TRUST AIMS**

- Raise awareness and provide training around neurodiversity and mental health
- Assist the provision of music and sporting activities and peer support
- Promote respect, acceptance and asense of belonging

[www.harristrust.org](http://www.harristrust.org)

**REGISTER YOUR CHILD NOW** [harris.trust@hotmail.com](mailto:harris.trust@hotmail.com)

The Harris Trust are looking for an additional senior coach to work with their Mini Rugby Programme on a Sunday in Selkirk. The payment is £60 per session (2hours: set up, session, clear up and debrief). Interest and passion for working with the children is most important but they are also looking for new ideas and some help with those children who would like to be more 'rugby' than 'play' focussed.

Please see the flyer above for more about the programme if you are not already familiar.

If you could please share with anyone who might be interested and contact Jane for more info:  
[jane.macdonell@hotmail.com](mailto:jane.macdonell@hotmail.com).