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Specialists in Constructive Solutions

FOSROC, a leading international manufacturer and supplier of high performance chemicals for the construction industry, are proud to be supporting the development of rugby in Scotland.

FOSROC is excited for a new Super Series competition and looks forward to seeing the Sprint tournament unfold in the coming months.



About FOSROC Super Series Sprint



FOSROC Super Series is the part-time professional structure created to bridge the gap between the club and professional game in Scotland.

Clubs were invited to bid for one of six franchises and in May 2018, the successful applicants were announced in the shape of Ayrshire Bulls, Boroughmuir Bears, Heriot's Rugby, Southern Knights, Stirling Wolves and Watsonians Rugby.

Scottish Rugby announced in February 2023 that the previously known FOSROC Super6 will return under the new name of the FOSROC Super Series. The new name signalled a structural change with the addition of new teams into the two competitions, FOSROC Super Series Sprint and FOSROC Super Series Championship.

The 2024 FOSROC Super Series Sprint will see all six teams play each other once in a traditional league format, as well as playing either Glasgow Warriors A or Edinburgh Rugby A in rounds 1, 3 and 5.

Since 2019, 38 players who were registered with FOSROC Super6 teams have gone on to play professionally with either Glasgow Warriors or Edinburgh Rugby. In addition, 21 of those players have signed contracts with one of the two sides, with seven earning full international caps for Scotland (Jamie Hodgson, Marshall Sykes, Ross Thomson, Rory Darge, Ollie Smith, Murphy Walker and Harry Paterson).

Six former FOSROC Super6 Head Coaches; Pete Murchie, Pete Horne, Stevie Lawrie, Ciaran Beattie, Rob Chrystie and Fergus Pringle and two Assistant Coaches, Scott Lawson and Chris Laidlaw, have moved into full-time professional performance coaching environments.



Harry Paterson became the latest Super Series player to earn a full Scotland cap in this year's Guinness Men's Six Nations

Media Guidance



For any Scottish Rugby related press enquiries for FOSROC Super Series, please contact Sarah Bell at: sarah.bell@sru.org.uk or 07870 545068.

In Sarah's absence please email media@sru.org.uk where another member of the media team will pick up your request.

The correct name for the tournament, which should be used in all written and broadcast references is the FOSROC Super Series Sprint. Please note that FOSROC should always be in uppercase and 'Super' and 'Series' and 'Sprint' should always be capitalised.

Team announcements: Teams for Friday night matches will be announced at 12noon on the Thursday. Teams for both Saturday fixtures will be announced at 12noon on the Friday.

Images: 2024 FOSROC Super Series Sprint match images will be available to media on a free-to-use basis, please email Sarah for access to these images and the credit required.

All photographers are asked to take in-game images from behind the advertising boards.

The tournament photographer and club photographer of the winning POTM will have priority to capture that image before other photographers in attendance.

When referencing FOSROC Super Series Sprint on social media channels please use the hashtag **#FOSROCSuperSeries** and add in the official Twitter account when applicable - @SuperSeriesRug

Wifi is provided by each home club and log-in details will be displayed for media in relevant areas. Photographers wishing to attend a FOSROC Super Series match are asked to notify the respective club's media manager or Sarah Bell at least 24hrs in advance.

Scottish Rugby is the rights holder for FOSROC Super Series. Broadcast requests to film or record content on a match-day at any FOSROC Super Series match must be agreed by Scottish Rugby in writing, in advance. Requests should be directed to Sarah Bell in the first instance.

All logos and competition marks should be used and applied in accordance with the Tournament brand guidelines, which are available in this media guide or on request from Scottish Rugby.

2024 Sprint Fixtures



Participating Teams



Southern Knights v Edinburgh Rugby A Fri 19 April, 7.35pm
Ayrshire Bulls v Stirling Wolves Fri 19 April, 7.35pm
Boroughmuir Bears v Glasgow Warriors A Sat 20 April, 3pm
Heriot's Rugby v Watsonians Rugby Sat 20 April, 3pm
Ayrshire Bulls v Watsonians Rugby Fri 26 April, 7.35pm
Stirling Wolves v Heriot's Rugby Sat 27 April, 3pm
Southern Knights v Boroughmuir Bears Sat 27 April, 3pm
Stirling Wolves v Glasgow Warriors A Fri 3 May, 7.35pm
Boroughmuir Bears v Ayrshire Bulls Fri 3 May, 7.35pm
Heriot's Rugby v Edinburgh Rugby A Sat 4 May, 3pm
Southern Knights v Watsonians Rugby Sat 4 May, 5pm
Boroughmuir Bears v Heriot's Rugby Fri 17 May, 7.35pm
Ayrshire Bulls v Southern Knights Sat 18 May, 3pm
Stirling Wolves v Watsonians Rugby Sat 18 May, 3pm

Ayrshire Bulls v Glasgow Warriors A Fri 24 May, 7.35pm
Watsonians Rugby v Edinburgh Rugby A Fri 24 May, 7.35pm
Heriot's Rugby v Southern Knights Sat 25 May 3pm
Boroughmuir Bears v Stirling Wolves Sat 25 May 3pm
Southern Knights v Stirling Wolves Fri 31 May, 7.35pm
Heriot's Rugby v Ayrshire Bulls Sat 1 June, 3pm
Watsonians Rugby v Boroughmuir Bears Sat 1 June, 3pm
1st v 2nd Fri 7 June, 7.35pm
3rd v 4th Sat 8 June, 3pm
5th v 6th Sat 8 June, 3pm



Broadcast

Selected Friday night (highlighted in yellow above) games will be shown live on BBC ALBA.



Highlights of all other games will be available through Scottish Rugby website and social media channels on the following Monday.

Squad lists for the six FOSROC Super Series teams will be published here on superseriesrugby.org by 5pm on Tuesday 16 April 2024.



@AyrshireBulls
ayrrugbyclub.co.uk
Ground: Millbrae
Head Coach: Pat MacArthur



@Sthrn_Knights
melroserugby.org
Ground: The Greenyards
Head Coach: Rob Moffat



@muirbears
boroughmuirsports.co.uk
Ground: Meggetland
Head Coach: Graham Shiel



@StirlingWolves
stirlingcounty-rfc.co.uk
Ground: Bridgehaugh
Head Coach: Eddie Pollock



@HeriotsRugby
heriotsrugbyclub.co.uk
Ground: Goldenacre
Head Coach: Ben Cairns



@WATSONIANFC
watsoniansrugby.com
Ground: Myreside
Head Coach: Fraser Brown

Edinburgh Rugby A & Glasgow Warriors A



The professional A sides will play three fixtures in rounds 1, 3 and 5 of the FOSROC Super Series Sprint. Edinburgh Rugby A will play against Heriot's Rugby, Southern Knights and Watsonians Rugby whilst Glasgow Warriors A will play against Ayrshire Bulls, Boroughmuir Bears and Stirling Wolves.

This year they will play on alternate weekends to allow the professional sides to plan and deliver on their URC commitments, maximise their on-field playing resources and off-field support to ensure that each pro-team A side can maximise development opportunities and staff time with players.

Each matchday squad will be made up of a mix of senior, contracted Edinburgh Rugby and Glasgow Warriors players and FOSROC Scottish Rugby Academy players that are aligned to the pro-teams.



@EdinburghRugby
edinburghrugby.org



@GlasgowWarriors
glasgowwarriors.org



Broadcast Operating Restrictions



The below outlines the summary of rights for FOSROC Super Series Sprint footage usage. The following rules must be adhered to in all cases any queries or requests should be sent to Sarah Bell sarah.bell@sru.org.uk

Access to footage

Match footage can be provided to external media for use during the 2024 FOSROC Super Series Sprint upon request.

Usage

Members of the media are permitted to use in-game highlights footage provided by Scottish Rugby. To request access to this footage please email sarah.bell@sru.org.uk

1. Footage from all matches can only permitted to be used after 6pm on the Monday following the round of games.
2. Members of the media must use in-game footage provided by Scottish Rugby.
3. No footage is allowed to be captured by anyone other than the host broadcaster during each round of the FOSROC Super Series Sprint.
 - a. Friday night selected match the host broadcaster is BBC ALBA.
 - b. Other Friday night match and Saturday games the host broadcaster is Scottish Rugby.

Brand Guidelines



Team Colours



Exclusion Zone

Clear space is defined as 25% of the height of the 'S'.

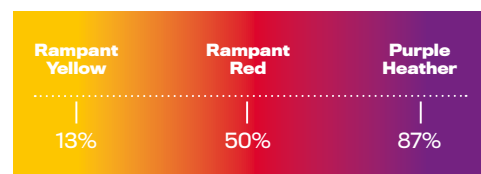
Minimum Size

28mm
90px

Minimum print size in mm
Minimum digital size in px (Shown for illustration purposes only.)

Colour Palette

Purple Heather	C 68	R 115	PMS 2603
	M 100	G 34	#732282
	Y 2	B 130	
	K 0		
Rampant Red	C 0	R 207	PMS 186
	M 100	G 10	#cf0a2c
	Y 81	B 44	
	K 4		
Rampant Yellow	C 0	R 255	PMS 123
	M 24	G 198	#ffc627
	Y 94	B 39	
	K 0		



Typography & Tournament Name

The brand typeface is Titling Gothic FB Normal.

Titling Gothic FB Normal Bold is recommended for headings, Titling Gothic FB Normal Regular is recommended for sub headings.

Source Sans Pro should be used for main body copy. Bold and Italics should only be used to highlight a word or phrase within a paragraph.

When referring to FOSROC Super Series Sprint in body copy e.g. a match report;

- It should always be referred to as 'FOSROC Super Series Sprint'
- 'FOSROC' should always be in uppercase.
- 'Super', 'Series' and 'Sprint' should always be capitalised.

HOME

ALTERNATE



Jersey	Black with pink horizontal stripes	N/A
Shorts	Black	N/A
Socks	Pink and black stripes	N/A



Jersey	Navy and emerald quarters	Sky blue with emerald quarters
Shorts	Navy	Navy
Socks	Navy with emerald top	Navy with emerald top



Jersey	Navy with narrow orange bands	N/A
Shorts	Navy with narrow orange band	N/A
Socks	Navy with narrow orange band	N/A



Jersey	Sky blue with red shoulders	N/A
Shorts	Sky blue with red flash	N/A
Socks	Sky blue with red top	N/A



Jersey	Dark blue & white hoops	N/A
Shorts	Dark blue	N/A
Socks	Dark blue with white top	N/A



Jersey	White	Black
Shorts	White	Black
Socks	White	Black



Jersey	Red, white and black hoops	White with gold and black hoops
Shorts	Black	Black
Socks	Red, white and black hoops	Black



Jersey	Maroon	Navy blue with light blue and maroon stripes
Shorts	White	White
Socks	Maroon	Maroon

Club Contacts



Tournament Media Contacts:

Sarah Bell
sarah.bell@sru.org.uk
07870 545068

Shona Ironside
shona.ironside@sru.org.uk
07580 46379

Scottish Rugby | Scottish Gas Murrayfield, Edinburgh EH12 5PJ



@AyrshireBulls
ayrrugbyclub.co.uk

Ayr Rugby Club
Millbrae | Alloway,
Ayr KA7 4PJ

General Manager: **Graeme Ferguson**
gf@ayrrugbyclub.co.uk
07730 289285



@HeriotsRugby
heriotsrugbyclub.co.uk

Goldenacre | Bangholm Terrace,
Edinburgh EH3 5QN

General Manager: **Sinead Martin**
sinead.martin@heriotsrugbyclub.co.uk
07598 580557



@muirbears
boroughmuirsports.co.uk

Meggetland | 2 Meggetland Wynd,
Edinburgh EH14 1XN

General Manager: **Rob Moffat**
bearsgm@boroughmuirsports.co.uk
07890 998252



@Sthrn_Knights
melroserugby.org

Melrose Rugby Ltd.
Greenyards | High Street,
Melrose TD6 9SA

General Manager: **Douglas Crawford**
skgm@melroserugby.org
07867 359672



@EdinburghRugby
edinburghrugby.org

Scottish Gas Murrayfield
Edinburgh EH12 5PJ

Media Contact: **James Parsons**
james.parsons@edinburghrugby.org
07815 463791



@StirlingWolves
stirlingcounty-rfc.co.uk

Bridgehaugh Park | Causewayhead Road
Stirling FK5 9AP

General Manager: **Jack McIlroy-Reid**
StirlingWolvesGM@stirlingcounty-rfc.co.uk
07791 015706



@GlasgowWarriors
glasgowwarriors.org

Scotstoun Stadium
112 Danes Drive, Glasgow, G14 9HD

Media Contact: **Natasha Coyle**
natasha.coyle@glasgowwarriors.org
07970 404556



@WATSONIANFC
watsoniansrugby.com

Myreside | Myreside Road
Edinburgh EH10 5BZ

General Manager: **Alistair Hamilton**
generalmanager@watsoniansrugby.com
07852 865785



WATCH Super Series Sprint live on



One selected Friday night match will be shown live on BBC ALBA. All other games will have highlights on scottishrugby.org and social media channels. All live matches are available to those living outside of the UK on scottishrugby.org. Highlights package featuring all matches will be available every Monday evening on scottishrugby.org

Visit superseriesrugby.org
for more information



Ayrshire Bulls

Boroughmuir Bears

Heriot's Rugby

Southern Knights

Stirling Wolves

Watsonians Rugby