

National Finals

Team sheet & Media

*Please Identify the captain by putting a '(C)'

CLUB	Uddingston Selkies
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Jersey No	Player Name (First Name & Last Name)
15	Emily Plant (Uddingston)
14	Catriona Brannan (Lenzie)
13	Ellie Hancock (Lenzie)
12	Hannah Ferguson (Uddingston)
11	Kirsti Wilson (Uddingston)
10	Monica Carlin (Uddingston)
9	Clare Yule (Lenzie)
1	Chloe Fisher (Uddingston)
2	Kirsten Harkness (Uddingston) (C)
3	Erin Drain (Lenzie)
4	Catriona Hopkins (Lenzie)
5	Caitlin McEwan (Uddingston)
6	Sophie Buchanan (Uddingston)
7	Aimee Dallas (Lenzie)
8	Jen Scahill (Uddingston) (VC)

SUBSTITUTES/REPLACEMENTS

16	Laura Peters (Uddingston)
17	Courteney Williams (Uddingston)
18	Claire Gladwell (Uddingston)
19	Heather Black (Lenzie)
20	Sophie Byers (Uddingston) (VC)
21	Mia Kirkwood (Uddingston)
22	Sophie Brown (Uddingston)

Please provide a comment from Captain or Head Coach for the media preview. Your comments could reflect your team's journey to the final/what it would mean to win/include any interesting information about the team or players.

Name: Stuart Chalmers (Head Coach)

Comment: To be finalists in a national competition in only their second season of playing 15 a side rugby is down to hard work, commitment, and a desire to succeed. Our route to the final has not been easy with some tough games along the way and we know that this final against Caithness Krakens will be our toughest task yet.

We have played some great rugby and everyone in the squad is excited to represent the team. The pride and admiration I have for every player in the squad cannot be described by words alone and I have no doubt that they have the ability and mindset to win in the final.

Name: Kirsten Harkness (Captain)

Comment:

I'm not sure it will fully sink in that we are in the final of the National Plate until we've stepped out onto the pitch at the Hive. It is a privilege to Captain this team on an historic day for Uddingston Rugby club. I am so proud of this team and how far we have come since the beginning of this season, our first playing 15's having played in the Aspiring League in 2022. The buzz at training and the effort everybody has put in has been unbelievable and hopefully that shows in the final.

Women's rugby is growing at a phenomenal rate and our team is definitely contributing to that. Hopefully we can inspire the next generation of Selkies, as well as continuing to add to our current team.

We have been playing some great rugby during this Plate run, which is down to the cohesion of the squad and the quality of coaching we receive. I hope that we can continue our success into the final and take the win against Caithness Krakens.