



# 2024/25 CLUB/SCHOOL/ACADEMY APPLICATION FORM

17 Year Old Player in Adult Rugby (Male & Female)

COMPLETED FORM TO BE EMAILED TO: [age.banding@sru.org.uk](mailto:age.banding@sru.org.uk)  
ALL SECTIONS OF THE FORM ARE COMPULSORY

For safety and to allow young players to develop in the best environment within clubs and schools, they should be training and competing with others of the same age and physical maturity. However, in exceptional cases a player may be given dispensation to participate in rugby (training and playing) at a level above their true age grade. Any dispensation, if granted, is only valid for one season, and only allows players to play up in a specific club. If a player is registered to more than one club, all are required to apply for dispensation to play up.

A player 17 years of age wishing to participate in adult rugby must apply for approval from Scottish Rugby prior to participation. The player may not play or train in senior rugby (XVs, 10s or 7s) until Scottish Rugby approval has been received.

In addition to applying for dispensation to play in adult rugby, should the player wish to train and play in the front row a separate front row exemption form must be completed and sent in along with the application form. A neck strength test will also need to be arranged via the Age Banding administrator prior to the player being cleared to play front row (**MALE PLAYERS ONLY**).

**EACH APPLICATION IS ASSESSED ON A CASE BY CASE BASIS AND CAN TAKE UP TO 1 MONTH TO COMPLETE, DEPENDING ON INDIVIDUAL CIRCUMSTANCES. PLEASE TAKE THIS INTO CONSIDERATION WHEN SUBMITTING THIS APPLICATION.**

## PLAYER INFORMATION

(Please complete all fields, print clearly and tick as appropriate)

Name:	Player Height:	cm
Date of Birth:	Maternal Height:	cm
Club/School/ Academy	Paternal Height:	cm
Competition:	Playing Position:	
SCRUMS ID:		
World Rugby Online RugbyReady certificate attached:	<b>Yes</b> <b>No</b>	<b>Player to sign on page 2.</b>

## REASON FOR APPLICATION (TO BE COMPLETED BY COACH)

Please answer all questions to support the reasons for this application

How approval would assist in this player's rugby development?	
How the introduction to the senior game will be managed?	
How much U18 rugby has the player played, last season/this season?	
Description of structured S&C programme which player is on	
Person responsible for overseeing S&C programme	
Any other relevant information	



# IF IN DOUBT, SIT THEM OUT.

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## COACH TO ASSESS THE PLAYER AGAINST THE FOLLOWING CONSIDERATIONS.

If the answer is NO to any of these considerations, then the player shall NOT be considered capable of competing safely with players in the proposed game/competition (with the exception of the last point).

<b>Physical Development</b>	In your opinion does the player's level of physical development allow them to safely compete in the proposed game/competition?	<b>Yes</b>	<b>No</b>
<b>Skill Level</b>	In your opinion is the player's skill level comparable with other players in the proposed game/competition (including skills specific to their playing position and in relation to the game's fundamentals e.g. tackle, pass, ruck, maul, scrum etc)?	<b>Yes</b>	<b>No</b>
<b>Level of Experience</b>	In your opinion does the player have the experience to compete with other players in the senior rugby competition? The following factors should be considered – representative/ pathway rugby; performance within their age group and; has the player trained with senior players in a controlled environment?	<b>Yes</b>	<b>No</b>
<b>Standard of Competition</b>	In your opinion is the standard of competition in the proposed game/competition suitable to allow the player to compete safely?	<b>Yes</b>	<b>No</b>
<b>Medical/injury history</b>	Does the player have any history of serious injury while taking part in rugby? If yes, please give brief details.	<b>Yes</b>	<b>No</b>
<b>Serious injury details:</b>			

## PLAYER STATEMENT

What is the reason for the application?

How will playing up be beneficial to your rugby and personal development?

Has the coach discussed this with you?

## PLAYER DECLARATION

I have read and understood the 17 year old into Adult Rugby policy, have undergone the pre-application assessments, and completed the World Rugby online Rugby Ready course.

I believe that my physical development, skill level experience and medical condition are of a sufficient level that I am capable of competing safely with players in the proposed game/competition.

I understand that I will be competing against older players and this may involve an increased level of injury risk.

I am not aware of any medical reason why my application to move into senior rugby may not be safely approved.

The personal data submitted when completing this form will be processed by Scottish Rugby Union Limited in accordance with its Privacy Policy (available at <https://www.scottishrugby.org/privacy-policy>)

Please note that the following types of signature on this document will be accepted: scanned/cut and pasted/handwritten/verifiable electronic signature. A typed name will not be accepted. Only one signature box requires completion.

Signature:

**OR**

Electronic  
Signature:

Print Name:

Date:



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## COACH DECLARATION

(Please complete all fields, print clearly and tick as appropriate)

This is the person who oversees the pre-application assessment.

**Video evidence must be supplied by the coach of a structured tackle assessment, as detailed in Scottish Rugby's guidance, via a YouTube link sent in with the application form.**

Video link:

I have read and understood the 17 Year Old into Adult Rugby policy, and completed the online RugbyRight course.

In my opinion, the player's physical maturity, skill level, experience and medical condition are of a sufficient level that they are capable of training and competing safely with players in the proposed senior rugby competition.

I have explained to the player and their parent(s) or guardian(s) that the player will be competing against older players and this may involve an increased level of injury risk.

Name:

SCRUMS ID:

Email:

Telephone:

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Signature:

OR

Electronic  
Signature:

Print Name:

Date:

## CLUB PRESIDENT (OR OTHER RELEVANT CLUB OFFICE BEARER) DECLARATION

Please make sure that you are familiar and agree with the following:

- I have been provided with a copy of Scottish Rugby's 17 Year Old into Adult Rugby policy;
- The coach has explained to me that, in his/her opinion, the player's physical development, skill level experience and medical condition are sufficiently high that they are capable of competing safely with players in senior rugby;
- I am aware of the additional considerations for front row players;
- It has been explained to me that the risk of injury may be increased by the player playing in the proposed senior rugby competition;
- I understand that rugby is a contact sport and, like all contact sports, players are exposed to risk of injury. I also understand that the level of risk may be heightened where a player participates in adult rugby in circumstances where the player's physical development, skill level and experience are inferior to that of the players they will play against.

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Signature:

OR

Electronic  
Signature:

Print Name:

Date:

## PARENT/LEGAL GUARDIAN

Please make sure that you are familiar and agree with the following:

- I am a parent or legal guardian of the above-mentioned player;
- I have been provided with a copy of Scottish Rugby's 17 Year Old into Adult Rugby policy;
- The coach has explained to me that in his/her opinion, the player's physical development, skill level experience and medical condition are sufficiently high that they are capable of competing safely with players in adult rugby;
- I am aware of the additional considerations for front row players;
- It has been explained to me that the risk of injury may be increased by the player competing in the proposed adult rugby competition;
- I understand that rugby is a contact sport and, like all contact sports, players are exposed to risk of injury. I also understand that the level of risk may be heightened where a player participates in adult rugby in circumstances where the player's physical development, skill level and experience are inferior to that of the players they will play against.

**NO PARENT/GUARDIAN SIGNATURE REQUIRED**



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## SCOTTISH RUGBY DECLARATION

(Office Use Only)

I confirm that:

- a) The information submitted above complies with Scottish Rugby's 17 Year-Old into Adult Rugby policy.
- b) The player has been deemed capable of playing adult rugby by the relevant regional panel.

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Signature:

**OR**

Electronic  
Signature:

Print Name:

Date:

Notes:



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