

	U9 (P4) 5v5, Size 3 Ball, 28m x 22m pitch 3-2-1 Scoring	U10 (P5) 6v6, Size 3 Ball, 40m x 30m pitch 3-2-1 Scoring	U11 (P6) 8v8m Size 3 Ball, 60m x 40m pitch 3-2-1 Scoring or 1 point per try	U12 (P7) 10v10, Size 3 or 4 Ball 60m x 40m pitch 3-2-1 Scoring or 1 point per try	U13 (S1) 13v13, Size 4 Ball, Full Pitch, Normal Scoring	U14 (S2) 15v15, Size 4 Ball Full Pitch, Normal Scoring	U15 15v15, Size 5 Ball Full Pitch, Normal Scoring
Conversions	No	No	No	No	Yes - Taken within 15m lines	Yes - Taken within 15m lines	Yes - Taken within 15m lines
Lineout	No – Pass from Touch	No – Pass From Touch	No – Pass From Touch	Yes – Min, Hooker + 4 No Lift Uncontested No maul	Yes – Min. Hooker +4 No Lift Uncontested No maul	Yes – Min. Hooker +4 No Lift Uncontested No maul	Yes – Min. Hooker +4 Lift Uncontested No maul
Handoff	No	No	No	Yes – Not to head or neck	Yes – Not to head or neck	Yes – Not to head or neck	Yes – Not to head or neck
Open Play Kicking	No	No	Yes – from hand	Yes – from hand	Yes	Yes	Yes
Scrum	No	No	Yes – 3v3 Uncontested w/ resisted lean 9 must pass Defensive 9 cannot pass mid-point	Yes – 5v5 Contested w/ resisted lean 9 must pass Defensive 9 cannot pass mid-point	Yes – 6v6 Contested w/ 0.5m push 9 must pass Defensive 9 cannot pass mid-point	Yes – 8v8 Contested w/ 1m push 9 must pass Defensive 9 cannot pass mid-point	Yes – 8v8 Contested w/ 1.5m push 9 must pass Defensive 9 cannot pass mid-point
Breakdown	No	No	Yes – up to 1 supporting player per team	Yes – up to 2 supporting players per team	Yes – World Rugby Laws	Yes – World Rugby Laws	Yes – World Rugby Laws
Kick Off/Restarts	Kick Off – any kick After Try – Free pass to team that conceded	Kick Off – any kick After Try – Free pass to team that conceded	Kick Off – any kick After Try – Team that SCORED restarts with any kick	Kick Off – Drop Kick After Try – Team that SCORED restarts with a drop kick	Kick Off – Drop Kick After Try – Team that SCORED restarts with a drop kick	Kick Off – Drop Kick After Try – Team that SCORED restarts with a drop kick	Kick Off – Drop Kick After Try – Team that SCORED restarts with a drop kick
Tackle	Waist & Below w/ Tackle Hold No Targeting of Ball	Waist & Below w/ Tackle Hold No Targeting of Ball	Waist & Below No Targeting of Ball	Waist & Below No Targeting of Ball	Waist & Below No Targeting of Ball	Waist & Below No Targeting of Ball	Scottish Rugby Tackle Law Trials – Below Base of Sternum