



# 2024/25 CLUB/SCHOOL/ACADEMY APPLICATION FORM

15 Year-Old Player into U18 Rugby (Male & Female)

COMPLETED FORM TO BE EMAILED TO: [age.banding@sru.org.uk](mailto:age.banding@sru.org.uk)

ALL SECTIONS OF THE FORM ARE COMPULSORY

For safety and to allow young players to develop in the best environment within clubs and schools, they should be training and competing with others of the same age and physical maturity. However, in exceptional cases a player may be given dispensation to participate in rugby (training and playing) at a level above their true age grade. Any dispensation, if granted, is only valid for one season, and only allows players to play up in a specific club. If a player is registered to more than one club, all are required to apply for dispensation to play up.

A player 15 years of age wishing to participate in U18 rugby must apply for approval from Scottish Rugby and undergo a Physical Maturity Assessment arranged by Scottish Rugby prior to participation in U18 rugby. The player may not play or train in U18 rugby (XVs, 10s or 7s) until Scottish Rugby approval has been received.

**EACH APPLICATION IS ASSESSED ON A CASE BY CASE BASIS AND CAN TAKE UP TO 1 MONTH TO COMPLETE, DEPENDING ON INDIVIDUAL CIRCUMSTANCES. PLEASE TAKE THIS INTO CONSIDERATION WHEN SUBMITTING THIS APPLICATION.**

| PLAYER INFORMATION  |                   |                           |
|---|-------------------|---------------------------|
| (Please complete all fields, print clearly and tick as appropriate) |                   |                           |
| Name:   | Player Height:    | cm                        |
| Date of Birth:  | Maternal Height:  | cm                        |
| Club/School/<br>Academy   | Paternal Height:  | cm                        |
| Competition:  | Playing Position: |                           |
| SCRUMS ID:  |                   |                           |
| World Rugby Online RugbyReady certificate attached:                 | Yes      No       | Player to sign on page 2. |

| REASON FOR APPLICATION (TO BE COMPLETED BY COACH)                       |  |
|---|--|
| Please answer all questions to support the reasons for this application |  |
| How approval would assist in this player's rugby development?           |  |
| How the introduction to the senior game will be managed?                |  |
| How much U16 rugby has the player played, last season/this season?      |  |
| Description of structured S&C programme which player is on              |  |
| Person responsible for overseeing S&C programme                         |  |
| Any other relevant information  |  |



## IF IN DOUBT, SIT THEM OUT.

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### COACH TO ASSESS THE PLAYER AGAINST THE FOLLOWING CONSIDERATIONS.

If the answer is NO to any of these considerations, then the player shall NOT be considered capable of competing safely with players in the proposed game/competition (with the exception of the last point). **PLEASE NOTE: Front row players (Prop & Hookers) are not permitted to play in the front row until they are 16 years old even if they meet the physical maturity criteria.**

|                                |   |            |           |
|--------------------------------|---|------------|-----------|
| <b>Physical Development</b>    | In your opinion does the player's level of physical development allow them to safely compete in the proposed game/competition?  | <b>Yes</b> | <b>No</b> |
| <b>Skill Level</b>             | In your opinion is the player's skill level comparable with other players in the proposed game/competition (including skills specific to their playing position and in relation to the game's fundamentals e.g. tackle, pass, ruck, maul, scrum etc)?   | <b>Yes</b> | <b>No</b> |
| <b>Level of Experience</b>     | In your opinion does the player have the experience to compete with other players in the senior rugby competition?<br>The following factors should be considered – representative/ pathway rugby; performance within their age group and; has the player trained with senior players in a controlled environment? | <b>Yes</b> | <b>No</b> |
| <b>Standard of Competition</b> | In your opinion is the standard of competition in the proposed game/competition suitable to allow the player to compete safely?   | <b>Yes</b> | <b>No</b> |
| <b>Medical/injury history</b>  | Does the player have any history of serious injury while taking part in rugby? If yes, please give brief details.   | <b>Yes</b> | <b>No</b> |
| <b>Serious injury details:</b> |   |            |           |

### PLAYER STATEMENT

What is the reason for the application?

How will playing up be beneficial to your rugby and personal development?

Has the coach discussed this with you?

### PLAYER DECLARATION

I have read and understood the 15 year-old into U18 Rugby policy and completed the World Rugby online Rugby Ready course. I will also attend a physical maturity assessment at a designated appointment, arranged by Scottish Rugby.

I believe that my physical development, skill level experience and medical condition are of a sufficient level that I am capable of competing safely with players in the proposed game/competition.

I understand that I will be competing against older players and this may involve an increased level of injury risk.

I am not aware of any medical reason why my application to move into U18 rugby may not be safely approved.

The personal data submitted when completing this form will be processed by Scottish Rugby Limited in accordance with its Privacy Policy (available at <https://www.scottishrugby.org/privacy-policy>)

Please note that the following types of signature on this document will be accepted: scanned/cut and pasted/handwritten/verifiable electronic signature. A typed name will not be accepted. Only one signature box requires completion.

Signature:

OR

Electronic  
Signature:

Print Name:

Date:



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## COACH DECLARATION

(Please complete all fields, print clearly and tick as appropriate)

This is the person who oversees the pre-application assessment.

**Video evidence must be supplied by the coach of a structured tackle assessment, as detailed in Scottish Rugby's guidance, via a YouTube link sent in with the application form.**

Video link:

I have read and understood the 15 Year-Old into U18 Rugby policy, and completed the online RugbyRight course.

In my opinion, the player's physical maturity, skill level, experience and medical condition are of a sufficient level that they are capable of training and competing safely with players in the proposed U18 rugby competition.

I have explained to the player and their parent(s) or guardian(s) that the player will be competing against older players and this may involve an increased level of injury risk.

Name:

SCRUMS ID:

Email:

Telephone:

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OR

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Signature:

Print Name:

Date:

## CLUB PRESIDENT (OR OTHER RELEVANT CLUB OFFICE BEARER) DECLARATION

Please make sure that you are familiar and agree with the following:

- I have been provided with a copy of Scottish Rugby's 15 Year-Old into U18 Rugby policy;
- The coach has explained to me that, in his/her opinion, the player's physical development, skill level experience and medical condition are sufficiently high that they are capable of competing safely with players in U18 rugby;
- It has been explained to me that the risk of injury may be increased by the player playing in the proposed U18 rugby competition;
- I understand that rugby is a contact sport and, like all contact sports, players are exposed to risk of injury. I also understand that the level of risk may be heightened where a player participates in U18 rugby in circumstances where the player's physical development, skill level and experience are inferior to that of the players they will play against.

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Signature:

OR

Electronic  
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## PARENT/LEGAL GUARDIAN DECLARATION

I confirm that:

- I am a parent or legal guardian of the above-mentioned player;
- I have been provided with a copy of Scottish Rugby's 15 Year-Old into U18 Rugby policy;
- The coach has explained to me that, in his/her opinion, my child's physical development, skill level and experience are sufficiently high that they are capable of competing safely with players in the proposed age grade in a position outwith the front row (prop or hooker) until they turn 16 years of age;
- It has been explained to me that the risk of injury may be increased by the player playing in U18 rugby;
- I understand that rugby is a contact sport and, like all contact sports, players are exposed to a risk of injury. I also understand that the level of risk may be heightened where a 15 year-old player participates in U18 rugby, where the player's physical development/maturity, skill level and experience are inferior to that of the players they will play against.
- I agree to my child's level of physical maturity being assessed by an appropriate Scottish Rugby representative at a centre identified by Scottish Rugby;
- I agree to my child being part of an ongoing study on rugby injuries; and thus consent to Scottish Rugby holding their information in the 15 Year-Old player in U18 Rugby policy database.

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OR

Electronic  
Signature:

Print Name:

Date:

## SCOTTISH RUGBY DECLARATION

(Office Use Only)

I confirm that:

- a) The information submitted above complies with Scottish Rugby's 15 Year-Old into Under-18 Rugby policy.
- b) That the player has attended a Scottish Rugby assessment centre and has passed the physical maturity assessment.

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OR

Electronic  
Signature:

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