



U15 Player Development Hub

Boys & Girls - Season 2025/26

Programme Overview and Nomination Information
7 October 2025

U15 Player Development Hubs

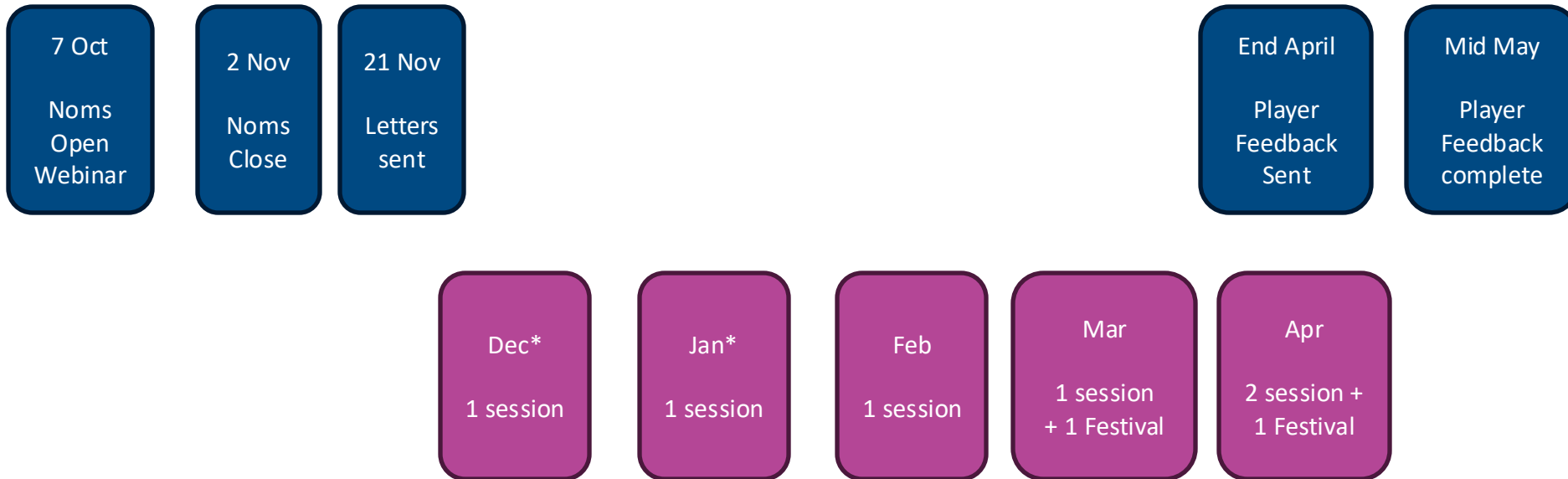
Purpose

1. Early 'Talent Search' for future performance programmes (e.g. U16 Inter District)
2. Support club and school coaches to improve the quality of their **own training environments**.
3. Develop players and coaches understanding of the **Blueprint**.
4. Engage with player and **parents** to help them support the **player development process**.



U15 PDH Boys & Girls | Season 2025/26

Overview Timeline



*Caledonia will deliver a day training model and start in February

Player Eligibility

- **BOYS U15 Player Eligibility**

- Players born between 1 January 2011 – 31 December 2011
- This aligns with international eligibility criteria
- *Note – some eligible players will be in your U14 age group (based on 1st Sept cut off)*

- **GIRLS U15 Player Eligibility**

- Players born between 1 Sep 2010 – 31 Aug 2011
- This aligns with international eligibility criteria



Who should I nominate?

Players should be nominated if they...






- Are **ready to engage** in a challenging development programme.
- Show a **keen appetite to develop themselves**.
- **Are committed** to their rugby development and work hard both at club / school training and in their own time.
- Demonstrate some excellent within **GASPS** for their age group

Please only nominate c.15% (boys) and c.50% (girls) of your active players.



GASPS

- Use this framework to have conversations with your fellow coaches before nominating.
- Ask other coaches for feedback on your players - we all have biases

G GAME SENSE 	game awareness, spatial awareness, problem solving, beat the game
A ATTITUDE 	competitiveness, curious, self-motivation, resilience
S SKILL SET 	ball movement, tackle, evade, positional skills - all under pressure
P PHYSICAL POTENTIAL 	speed, agility, power, endurance and stature
S SCOTS SKILLS 	selfless, creative, optimistic, tenacious, self-organised

Please give special consideration to...

- Players who are **born throughout the age range** and not just the oldest.
- **Late developers** who are maturing later than their peers.
- **Front five (props, hookers, second rows) players** who may not be as skilful (yet) as their peers, but who show an appetite for playing their position.



Nomination Process

- Nominations can be made only by coaches who are registered on the SCRUMS system
- Click 'PDH Nominations' on the SCRUMS left hand menu.
- Once a nomination is submitted it cannot be altered. Information will be communicated to the players parents/guardians once/if they are accepted onto the programme.
- Nominations open **Tuesday 7 October 2025**
- Nominations close **Sunday 2 November 2025**



What happens once a player is nominated?

- Nominations will be assessed by Scottish Rugby
- If a disproportionate number of nominations are received from any single club or school, then the nominating coach may be asked to reduce the overall number of nominations.
- Parents/guardians will receive a consent form to complete and growth and maturation questions.



Growth & Maturation Data

- All players will be the same **chronological age** i.e. born within 12 months of each other.
- We will use the **Khamis-Roche** method to assess the **biological age** of players within this programme.
- This allows us to create **like-for-like** competitive experiences for players who are at different stages of growth and physical maturity.





Thank you

Please email rugbydevelopmentadmin@sru.org.uk
if you have any questions