

## Uddingston Rugby Football Club – Selkies - Senior Women’s Squad.



Uddingston Rugby Football Club (URFC), Women’s Section (The Selkies), are looking for a coach to join the coaching team. The ideal candidate will demonstrate relevant knowledge and past experience of rugby coaching, have a positive and driven work ethic, and a developmental approach to all players.

Uddingston Selkies recently won West Division 3 and will be competing in the Regional West Division 2 competition for the 2026/27 season.

The Selkies were launched in 2021 and have attained numerous successes. Notably, reaching the National plate final in 2023, recruiting over 50+ players, winning West division 3, and receiving awards focused on community action.

The selkies are a young, developing and growing squad with competitive ambition.

### **Club Overview**

- One of the oldest clubs in Lanarkshire, with a well-documented history.
- Senior Men, Senior Women’s, Youth (Midi), and Youth (Mini) sections.
- Integrated into Uddingston Cricket & Sports Club, alongside Hockey and Cricket.
- Private Grounds and playing facilities, including clubhouse.
- All matches recorded by Veo to support post-match analysis.
- Supported by a diverse club committee.

### **Main Duties and Responsibilities**

- Work as part of a coaching team to develop the overall training programme for the Uddingston Selkies.
- Plan and deliver high-quality training sessions.
- Assist with matchday preparations, selection and performance
- Drive recruitment, playing standards, discipline and club values.
- Work closely with URFC Selkies committee representative and leadership team to ensure the smooth running of the team.
- Assist with administrative tasks such as ensuring compliance to Scottish Rugby governing laws and competition rules.

Qualifications	A UKCC Level 2/Aspiring coach qualification is preferred, however the club can assist in gaining the accreditations needed.
Experience	Coached / played Senior Rugby.
Qualities	Enthusiastic & highly Motivated. Strong planning and organisation skills. Strong communication and delegation skills. Ability to work as part of a team.

### **What we offer**

- Support & funding to obtain further coaching qualifications.
- Access to all club member benefits (sponsor deals, partner access, six nation tickets, and clubhouse benefits).
- Opportunity to be part of a growing community within Women’s Rugby.
- A strong community and social environment.

To apply or enquire for more information please email: [Director@Uddingstonrfc.com](mailto:Director@Uddingstonrfc.com) including a covering letter and Rugby CV which outlines relevant experience and aspirations for the role.